

BE THE BEST YOU CAN BE.



Live the Dream is a once in a lifetime opportunity for 16 young Australians to become immersed in the culture of the Fremantle Dockers Football Club and "live the life" of an AFL player for five days.

The Fremantle Dockers, in conjunction with Decmil Australia, are thrilled to be able to offer this program to the community. Live the Dream offers participants a rare opportunity to develop skills and behaviours which can deliver long-term benefits to the individual and their local community.

Applicants are required to complete the attached nomination form and return it to the club no later than Friday 10 May 2013. A selection panel from the Fremantle Dockers and Decmil Australia will decide the successful participants.

Thanks to Decmil Australia, the cost of the program for the 16 participants is free, including meals, accommodation and apparel for the five day program.

Travel costs to and from Perth are also included for those participants travelling from regional areas. Please note that only costs for the participant are covered. If family members/ guardians choose to travel with the participant, those costs will be the responsibility of the individual family member or guardian.

PROGRAM ACTIVITIES

- Appointment of a player mentor for each participant, including one-on-one interactive sessions
- Leadership development training
- · Physical and skills sessions
- Conditioning and injury prevention sessions
- Nutrition, media training and player welfare information sessions
- · Game day involvement

PROGRAM OBJECTIVES

- Develop team work and leadership skills
- Develop problem solving skills under pressure
- Provide participants with experiences that take them outside of their comfort zone
- Develop skills that participants can take back to their local community and pass onto their peers (i.e. act as positive role models)

SELECTION CRITERIA

Participants for the Live the Dream program in 2013 can be nominated from one of the following areas:

- Pilbara Region
- Kimberley Region
- Junior Football Clubs
- City of Fremantle
- Partner clubs of the Fremantle Dockers
- Secondary schools/colleges

To be eligible for the Live the Dream program, participants must meet the following criteria:

- Must be 16 or 17 years of age as at 5 July 2013
- Must be available to live "in-house" from Friday 5 July - Wednesday 10 July 2013
- Must be nominated by their junior football club, school or organisation, with the nomination form being signed by the club president, school teacher or organisation representative
- Must have parent/guardian approval to be involved in the program, both from an availability and medical perspective

Please note:

• Football talent is not a requirement for participation in this program. As such, the program is not designed to cater for the talented athlete.

Nominations must be received by the Fremantle Dockers on the attached nomination form no later than Friday 10 May 2013.

Successful applicants will be notified by mail by Friday 24 May 2013.





2013 LIVE THE DREAM PARTICIPANT NOMINATION FORM

NOMINATIONS MUST BE RECEIVED AT THE CLUB BY NO LATER THAN FRIDAY 10 MAY 2013. SUCCESSFUL APPLICANTS WILL BE NOTIFIED BY FRIDAY 24 MAY 2013.



DETAILS OF NOMINE		
Name	 Male	Female
Address	 	
Telephone	 	
DOB	Track Pants Size xS/S/M/L/XL/XXL	Shoe Size
Email address	 	
Parent/Guardian Name	 Parent/Guardian Telephone	
Parent/Guardian Address	 	
Junior Football Club	 School	
Junior Football Region/Dist		

Please provide a 5x7 inch colour photograph of yourself and attach to your application.

NOMINEE TO COMPLETE

Please provide an outline of your education and sporting history.

Why do you think you would benefit from participating in the Live the Dream program?

Have you had to overcome any obstacles in life? If so, please provide a detailed account of any obstacles
that you have overcome and how these obstacles have contributed to the person you are today.
If you could use five words to describe yourself, what would these words be?
If you could use five words to describe yourself, what would these words be?
What does leadership mean to you?
What do you think the characteristics of good team members are and how do these apply to you?
what do you think the characteristics of good team members are and now do these apply to you:
Please list the name and contact details of two referees.
1.
2.

YES	NO	
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Do you have any allergies/health issues that we should be aware of?

If yes, please provide details:

Do you provide permission for your image to be used in any media, articles and/or promotional materials relating to the *Live the Dream* program.

YES NO

NOMINEE'S CERTIFICATION

I certify that the information supplied is, to the best of my knowledge, true and correct. I support this application for the *Live the Dream* program and commit to supporting the program's aims and objectives.

Name	
Signature	Date
Parent/Guardian Signature	

Please send completed nomination form to: Live the Dream, PO Box 381, Fremantle WA 6959, by no later than Friday 10 May 2013.

TEACHER/REFEREE TO COMPLETE				
Name	Position			
Organisation	Telephone			
Address				
Email address				

Please provide an outline of the nominee's behaviour and attendance.

Please outline why the nominee would benefit from this experience.

Please outline the nominee's leadership potential.

Please provide an outline of the nominee's sporting history.

Please provide a detailed history of any obstacles the nominee has overcome and how these obstacles have contributed to the nominee's development (add extra pages if required).

Are you willing to complete a follow up evaluation form to identify the behavioural changes that may be evident in the student over a period of time after the *Live the Dream* program?

YES	NO
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Any information provided by you to the Fremantle Dockers Football Club can be accessed by you during normal office hours. Information can only be updated by writing to the club. All information provided on this form and gathered throughout the selection process will be stored on a database that will only be accessed by authorised club personnel and is subject to privacy restrictions. Should the Fremantle Dockers wish to provide certain information for promotional purposes, the club will obtain your permission prior to using such information. If you have any queries about your eligibility or the details required when applying for this program, please contact Wade Spilcker on 08 9433 7175 or email wades@fremantlefc.com.au





FREMANTLE

* PROGRAMMED * Woodside